

  @IAMMYSISTER.CIC



I AM MY SISTER PRESENTS:

TIME OUT

What: A virtual safe space for Black and mixed girls (aged 14-19 years old) from Birmingham facilitated by experienced youth workers.

Why:

- Opportunity to discuss different topics from friendships, relationships, exams, confidence and much more.
- Empower girls and young women to have a voice, share opinions, make new friends and create support groups amongst peers.

When: EVERY TUESDAY AND FRIDAY
6:30-8:00PM (via Zoom)

How: To register email iammysister.cic@gmail.com or DM us on Instagram or Facebook**



** under 16 require a parent/carer to register you.



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I AM MY SISTER C.I.C PRESENTS: SPACES FOR LISTENING

A VIRTUAL SAFE SPACE (VIA ZOOM) CREATED FOR WOMEN OF AFRICAN/CARIBBEAN DESCENT.
A FORTNIGHTLY COLLABORATIVE DISCUSSION DELIVERED BY WOMEN FOR WOMEN.
FACILITATED BY SUZETTE CONDISON AND YASMIN BLACKWOOD

BELOW ARE DATES FOR THE NEXT FEW SESSIONS:

- SATURDAY 20TH MARCH 2021
- SATURDAY 3RD APRIL 2021
- SATURDAY 17TH APRIL 2021



TICKETS AVAILABLE VIA EVENTBRITE
SPACES ARE LIMITED, SO BOOK NOW TO AVOID
DISAPPOINTMENT.

FOR MORE INFORMATION EMAIL IAMMYSISTER.CIC@GMAIL.COM

'I AM NOT MY SISTERS KEEPER, I AM MY SISTER' - IYANLA VANZANT




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What services and support do we offer

- ✓ **BI-WEEKLY VIRTUAL SPACE FOR WOMEN (SATURDAYS)**
- ✓ **WEEKLY VIRTUAL SPACES FOR GIRLS (TUESDAYS AND FRIDAYS)****
- ✓ **MENTORING SUPPORT (GIRLS/ YOUNG WOMEN 11-19)**
- ✓ **INTENSIVE SUPPORT/OUTREACH FOR LOOKED AFTER CHILDREN/CHILDREN IN CARE**
- ✓ **ACCESS TO PSYCHOTHERAPY/ COUNSELLING (COMING SOON)**
- ✓ **AWARENESS TRAINING - PARENTS AND PROFESSIONALS (CSE, COUNTY LINES, MENTAL HEALTH, INTERSECTIONALITY, CRITICAL RACE THEORY)**

 TAM MY SISTER

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