

Accessible Community Games

Inspiring physical activity for people in our community
with physical, learning and sensory disabilities



Free, Fun, Friendly and Engaging

The Accessible Community Games allows you to try different sporting activities regardless of your age or ability.

We would like you to have fun, try new sports activities and find something you really enjoy.

You can meet activity providers who will guide and support you whilst you participate in their activity.

We look forward to seeing you there.

For more information please email becki@inspireactivity.co.uk

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TICKETS ARE FREE
Book online
trybooking.co.uk/CDAS
or
register with us on the day

2

20 + ACTIVITIES
available to try led by
experienced instructors

3

FOOD AND DRINKS
Vending machines
available on site, you
are welcome to bring
your own picnic

4

GB AMBASSADORS
Meet and be inspired by
Great British Para Athletes



Key visitor information

On arrival, you'll be guided to the welcome point for a visitor wristband and activity sticker card

Community Games helpers will be available at all times to answer questions and provide support

Where possible, outdoor activities will be relocated inside in the event of bad weather

Quiet room

First Aid provision and private treatment room

Male and female changing rooms and toilets
Fully accessible changing facility with hoist available

The facility is accessible to both pedestrian and wheelchair users

If assistance is required, carers must accompany visitors as we do not provide a care service



potential

Activities

GOALBALL
ATHLETICS
BOCCIA
SOFT ARCHERY
BOXING
ORIENTEERING
QUICK CRICKET
BLIND FOOTBALL
DANCE
MARTIAL ARTS
VI CRICKET
TENNIS
TABLE CRICKET
WHEELCHAIR -
BASKETBALL
CYCLING
TABLE TENNIS
NETBALL



**INSPIRE
ACTIVITY**

